Fathma Dhamir Ahmed, Manager, Human Resources, National Bank of Dubai, UAE



To Whom It May Concern

This letter is prepared at the request of Cyrus J. Mehta, of Intent Consultancy and trainer of the Lifetoolz Seminar and it gives me great pleasure to share my experiences with Cyrus, personally and also professionally, as Manager of Human Resources, National Bank of Dubai

He conducted many seminars for NBD personnel between July and Oct 2008, when, due to the financial meltdown in the international banking and financial sector, all trainings were abruptly discontinued. It was a deep disappointment to many of us in the HR and Training division at NBD.

I first met Cyrus in 1997 when I participated in his ReikiTECH Workshop. It made an indelible contribution to my life. My association with him and his family has endured warmly thereafter.

I was most impressed when the Dubai Quality Group, the regions premier agency committed to developing Quality in institutions and corporations endorsed Cyrus' ReikiTECH Workshops – testimony to his skill and the workshops' quality and content.

He approached me at the NBD Academy in early 2008 and introduced me to his new program, the Lifetoolz Seminar. The intention of this seminar remained the same: "Personal Transformation and Professional Excellence". It only had a different format, one that allowed for larger number of participants and incorporated audio visual. I was immediately impressed by the content. After holding discussions with my colleagues and seniors, it was agreed that this seminar would be incorporated into the training regime of the bank starting with Emirati trainees and executives from human resources.

Over the years, I have seen Cyrus work with people from all over the world and the Middle East; He once told me that his data base shows that he has had people from over 50 nationalities who attended his programs. I am not surprised. And yet, while I was confident in his capability I had a niggling doubt about how a room filled with only young Emirati men and women would accept such a seminar of this type.

I need not have doubted his talent in the slightest. Cyrus has superb Management training skills- he brings out the best in people and encourages them to see their strengths and weaknesses. Cyrus can put a point across clearly and confidently to anyone from any background or any level of management.

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تفاصیل التسجیل : بنک الإمارات دبی الوطنی (ش م ع) رأس المال المحقوع ٥,٥٥٧,٧٧٤,٧٢٤ سخل تجاری ۱۳٤۵ ـ ا

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The effect on our Emirati trainees was extraordinary. I was a full time participant in the first seminar at NBD and found it just magnificent. And transformational! I was especially amazed at the deep shift amongst the young Emirati men and women. One only needs to read their self written experiences to recognize just how much the Lifetoolz Seminar contributed, with a huge and lasting impact on their lives. As HR administrators, our analysis concluded that the seminar received an almost 100% success rate in terms of positive impact per person after the seminar. What's truly quite extraordinary is that this high level of success occurred after each of the subsequent Lifetoolz Seminars that he delivered at NBD. I have never ever seen this kind of sustained high level response, across all participants, with any other program or with any

Over the months, while other groups were being trained, I had the opportunity to observe the behavior and performance of those who had completed the training. Their concentration and dedication to their work increased dramatically. Other internal and external trainers who were delivering other banking and skills related training were also most impressed by the increased performance and diligence. And the respect and love and gratitude shown by the graduates to Cyrus was heart warming for me to see every time he visited our offices, between seminars. His after-seminar support was also very efficiently managed, with personal visits to the Academy, posters for use in our in-house training rooms and regular newsletters.

After almost 30 years of corporate experience I can say, with confidence that the Lifetoolz Seminar is truly in a class of its own. Any company or institution investing in their management and staff via their enrollment into this seminar will be giving each one something truly beneficial. The returns on investment to any company would be substantial and the company would continue to accrue the priceless benefits of increased morale and heightened productivity.

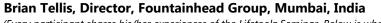
I intend Cyrus and his Lifetoolz Seminar go on to make a mark internationally and enjoy ever increasing success.

Dr. Fathma Dhamir Ahmed, PhD.

HR Manager

Januah

National Bank of Dubai



(Every participant shares his/her experiences of the Lifetoolz Seminar. Below is what Brian wrote after the in-house seminar organized by his group.)

I came into the Lifetoolz Seminar not knowing too much of what to expect.

The first day opened my mind to the world I live in and the fact that it is mine! It also made me realize that when you own something you need to contribute towards its well being. The second day, through various empowerments, armed me with the process to better myself and those fulfill my purpose of making this a better place to live in. I do believe it has been 2 days brilliantly spent and its now up to ME!



Barbara DaSilvaCertified Holistic Practitioner
Owner, Celebrate Wellness
33, Lakeshore Road, St. Catharines, Ontario, Canada

I have had personal experience of the contribution he has already made in peoples lives, while he has been in Canada.

I had the pleasure of attending the first ReikiTECH Workshop in Canada, held at Celebrate Wellness, on March 31st and April 1st and the experience cemented my alignment with Cyrus. This is what I wrote after completing The ReikiTECH Workshop with Cyrus on March 31 and April 1 2012.

"More valuable for my well being than I ever imagined. Finally a teacher who explains "Energy" and teaches with clarity, authenticity and love."

I am so grateful that I met Cyrus and am fortunate to have the opportunity to work alongside him at Celebrate Wellness. My passion has always been to bring the best technologies, modalities and education to my clients to support them on their life's path. Cyrus brings so much knowledge and a deep understanding about the Holistic Approach to achieving well being. The beauty is that it's an effective and achievable approach that makes success and qualitative shifts in our lives attainable for all.

I was so gratified with his teaching and the exceptional manner in which he explains quantum physics and dispels the misconceptions about energy healing.

Cyrus is by far the best teacher/facilitator that I have experienced. He teaches with authenticity, simplicity and most of all Love.



Carole Gesman (Formerly CAROLE PARKER, Managing Director and Founder of Clarendon Parker, Recruitment and Training, Dubai, UAE)

31st March 2003

TO WHOM IT MAY CONCERN

I have known Cyrus Mehta since 1998 when he initiated and trained me as a Reiki healer.

It always struck me that Cyrus has superb Management training skills-bringing out the best in people and encouraging them to see their strengths and weaknesses.

His presentation skills are excellent and he is without doubt a highly intelligent individual capable quite comfortably of dealing with Management at all levels.

His communication skills in putting the point across clearly and confidently are in a league of their own rarely found in many Trainers. He makes the subject alive and interesting!

In short, should I ever decide to go back in to Management Training again I would not hesitate to appoint Cyrus as part of my team.

I think he will make a real and genuine contribution to any organization.

I had the pleasure of knowing Carole since early 1999 and remained in touch with her even after she moved to the US and up until her untimely death in Oct 2008. I will miss her.

Recognition for ReikiTECH

The ReikiTECH Workshop has received the coveted endorsement by the Dubai Quality Group. A quality personal transformation programme, The ReikiTECH Workshop has been gaining increasing recognition both locally and internationally.

The programme's endorsement by The Dubai Quality Group — The quality organisation in the region — is a clear statement of its excellence.

Kevin Carty, Executive Director of the DQG says: "We are committed to bringing the very best programmes to develop personal and professional excellence and The ReikiTECH Workshop is a perfect example of such a programme. We expect our association with Cyrus J. Mehta of INTENT Consultancy to grow and see the development of many more programmes offered by them."

Companies can now avail of a quality programme, which guarantees individual wellness, directly improving body and thus, body corporate. Every participant leaves the workshop de-stressed, incredibly energised, and truly rejoicing in his/her life and work.

The ReikiTECH Workshop is a breakthrough forum that allows one to experience body-mindspirit harmony, and which in turn brings out an outstanding level of creativity and efficiency in an individual. A win-win situation at all levels of human interaction.

Courses are being held on March 23 and 24 and again on April 6 and 7.

For further details of any courses contact Vanessa or Aliya at the DQG office on 3431950.

QUALITY QUILL March 2000 The Dubai Quality Group Some examples of our testimonial advertisements - by permission.







The artscience of discovery & A moving insight into wellness & a realization that we are truly masters of our own destiny. A magnificent workshop!

Mrs. Vanessa Hopwood, British, Mother, Marketing Manager

The Workshop on

Personal Harmony & Professional Excellence

which continues to enhance

thousands of lives .com 04 349 0554 ReikiTECH.com

endorsed by **Dubai Quality Group**



Healthy LIVING

Pinboard

Comments about Reiki

Nick McGiveney, Irish, Copywriter Class of Sep '94

Although ReikiTECH practices not to be attached to results, I have yet to see where results did not come about, positive results in one form or another. It has been five years since I did the course and there is little in my life that I haven't applied reiki to. I feel more in touch with the living world around me. No occult mystery. No secret society. And definitely no snobbish elitism. An excellent workshop to learn to use a tool that everyone can use to good effect. It has helped me find myself.

Gavin Ramsey, British, Artist/Musician Class of Sep '98

I came with an open mind and was pleasantly surprised to find such a rewarding experience. The principles involved are incredibly sound



and I believe it is only a matter of time before people sit up and notice.

Dr. T. Sulochana, Indian, Doctor Class of Sep '98

It was a wonderful experience which I cannot describe in words. It was really thrilling and very often I would feel the energy flowing. And I feel relaxed now.

Abdul Aziz Ali, Kuwaiti, Petroleum Engineer Class of May '98

What I liked was the clarity that Cyrus J. Mehta, the trainer for the workshop, brought forth on so many issues. I felt so comfortable, so cared for. It was not what I had expected. And then the personal experiences were nothing short of extraordinary. It exceeded my expectations.

Tom Johnson, British, Teacher, Martial Artist Class of Sep '98

A profound feeling of inner peace and harmony. Most doubts about reiki eliminated by the second day. More than 20 years, maybe 30, have brought me to this point - this inner experience of attunement - Reiki is all paths and one path.

Sharna Davis, South Africa, Microbiologist Class of Oct '99

I feel a calmness I don't think I have ever experienced before. I am completely relaxed again for the first time in a very long time. I know this will stand me in good stead for the future. I think I will have a lot to learn and reap from relki.

The American Hospital Dubai Diabetes Support Group, which was formed in 1998 to provide support for families of children with diabetes, recently announced plans to expand membership to include diabetic adults. The aim of the group is to share information, offer support, facilitate educational programs on diabetes, and to increase awareness of diabetes within the community. The group meets at 7.30pm on the first Tuesday of every month in the American Hospital Auditorium. New members are always welcome.

For further information contact Carolann

For further information contact Carolann Scade at the American Hospital Dubai on 04:3096540, mornings only.

64 CONNECTOR

Wheredo I man't I've gove more of my life with an inner localizage of wher we have learn over the last two days. However, until this workshop, I couldn't understand it, articular it, or assemble it for lack of better world) into comesting understandable and "taughte". Thank you. They're two simple world. But they comestion the heart. It is not better comesting to know their a mill Humanity. And when you own, or a loved successfully there are book" for making which better comestic sand those around us, and there are google you can draw "postmion" forms congorn and improve change.

I wish we had more time to gractice, as practice make sported. We are against of change

During my attendance at the Life Toda program? have learn how to become one with the universe. The volume how to be greatful to everything even the foor on which we wak or. Haven the everything leading and the control attendance become greatful to a learned on which these things. They are get of us and we are again of formand we are all get of the course, God I am mostly greatful to god the greating my life and given pure to be opportunity to experience these wonderful things.

Bed Dajani, Studen.

The course was entranely pleating for me, and I readed it very much it came to me at the right time. Thank you and Hore you. Harran Edorf, Fashion designer.

I gue mys diffic Liferois course at a "Richday" gift. Howevelved in wold be a WOM gift and it was.
Howevelve land and doe by in again and reduces and with a new flow of lower large and to be too! Today I ammy diam and go up as I intended to the night before.
Name to succeed, to great the land plane by life to become at a subtle level of fisher Thankyou Cynz.
Najwa Austra Shirtonk, Sales Dies doe.

Makes you greath for the weld you live in and the lifethe you lead, and region you to present to gland.
It do help you work on yourself with the breaking energies and the Thomas rive on all in all you know the welking as a better rounded, which some green.
Nevers That and, Makesting Superior.

Their below it increase my avancies and organish to the Ki (procyc) abund me, he easily like belooming for everyday life, its simple and important in like ASC for everyday life. Thanks a lot Nadio Nation, Executive.

Uplating Energiang Feding one with everything and everybody Meaning are people Meaning a manus Making a new myself! Alexandra Yashina, M.D.

Fresily enjoyed the course so much, I within it game me the bases to live a life that of trees, All of energy and Dijoyment. These attended a lot of statistic course, but this course summarized all the other course and the delete of the course summarized all the other course and the course summarized and the other course and the course summarized all the other course and the course summarized all the other course and the course summarized all the other course summarized and the course summarized all the other courses are summarized as the course summarized all the other courses are summarized as the course summarized all the other courses are summarized as the course summarized all the other courses are summarized as the course s

It was an articling constitue abhough? for some of the material presented was a bit complicated and I could not agree every time with the opinions of the interactive agreed presented was a bit of could not a constitute or provided and one of the material in a very interacting material Re of the interactive dynamics agreed.

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These managed to reach a geint in may life where I find an overall sense of discardation and archemore. Address for cleange conceiling with the admitted that change needs made in a change in the archemore to be a change of the concentration of the concentration

much Zeina Abu Ragheb, Consults

I organis mere knowledge an Formery Title workshop had go am can go on and on Igray for you (Cyrus) to contin

Lifetools has been an amasing binds eye view before I was; 7. Strank you Cyrus © Falsal Tabari, Student. To read more experiences of graduates of the Lifetoolz Seminar and the ReikiTECH Workshops please visit our websites. www.lifetoolz.org and www.reikitech.org

all that shappering from a

The program has made me aware about the force arounding, and how lean use the force for my bettermant. It also tought me that not strongth but using my K which will make me a

The had a reverding expenence over the last 2 days. The programme has truly opened my eyes on how I can be a better person 3 have a greater 5 positive impact on my mimodate sur oursing 8 ben my planet at large. While I thoroughly enjoyed "Conscious Releastion," the fant aske heathing techniques, the ability to use my good intensions, I felt that some of the theory at uff was asmedimes "took pay," I also feel that there could have been a couple more films-the one you showed us was brilliant.
So all in all livel asy that it was twee days well agains.

This programme has sought me to be more humane and to be grateful for the things I have, however small. It has tought me values which I know will help me to be sincere in life. Gyna, you were not find. Thank you

I had never been in one of these before so it's been a very good experience. This seminar will help meout with my delity declings at home and at work. There were a few things that I did in terms of exercises and entire point that was so wild, thought I was a feet to be doing all of that. New it just makes so much sense. There you

Sereh

This is the first time the don't semething like this, and I must say it was gut o interesting. A different way of looking at things. I'm glad that I was given a chance to assat. Will try to gut some of the things I band over the last I days into effect.

it open eda world full of appertunities for me to do and contribute to mother earth. How I could be extra or rather more POVERFUL is what I learnt montally & physically. I learnt how to breathe & live life "fully," i.e. on energiase life!

Melanie Discusa

This programme gave med way to look at 1fe in a manner I never didbloffere. It gave me knowledge about menot being separate and showed me a new approach towards the people and things around me. It was a fabulual experience and smoothing that will go with me life long. I fed a mijly fantastic and energeed, Some questions that I had a long's the ugit about, but were never arranged by 1° or lightness? at this arminer.

Educative & Informative



JaneAnne Narrin, American, Award winning author of "One Degree Beyond, A Reiki Journey into Energy Medicine", Reiki master, teacher, cultural anthropologist, realtor, green activist...

Cyrus Mehta is an impressive consultant committed to learning and helping others learn a natural, creative, and productive way of working

together to *intentionally* discover and live an integrated and participatory role within the "Larger Picture."

When I first met Cyrus several years ago, I knew right away that his special gift had to do with his dedicated intent to provide real-time options, empathy, support and feedback. I knew right away that he had the unique ability to recommend resources appropriate to specific situations. I also knew that the organizational lessons, learnings and experiences he had gathered over his deep and successful career could assist others in dealing with the modern-day stress/health issues.

Cyrus has such a strong background in personal and organizational transformation and management of the change/transition process and this is aptly expressed in his work with Reiki, The Usui System in the corporate/business environment which he shares as ReikiTECH. He takes choas/complexity theory and implements the concepts in the most comfortable way.

As a longtime corporate consultant involved in employee development systems, and as a Reiki practitioner and teacher, I am honored to be his colleague and friend.

Our Ref: Your Ref:



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Ricardo Hitec Limited

10th July 1992

TO WHOM IT MAY CONCERN

OPEN TESTIMONIAL FOR MR CYRUS MEHTA

It has been my pleasure to have been associated with Mr Metha over a four year period, within a Principal/Agency relationship, between Ricardo Hitec Ltd and his company JMI.

The undersigned is leaving the employment of Ricardo Hitec and has felt moved to offer this unsolicited testimonial.

Cyrus Metha has been an outstanding Agent, not just with regard to his ability to penetrate a most complex and difficult market for us. Rather it is his thoroughness which is so impressive. This extends to everything he does; from a simple report through to organising an international seminar or exhibition.

Beyond this attribute, he is able to empathise with all parties and to understand other people's perspectives. His communication skills are excellent and he displays a tenacity of purpose beyond anyone with whom I have ever worked.

Mr Metha will be an asset to anyone, or any organisation, with whom he may be associated in the future. He is a most competent person; I have valued him as a business associate and as a friend.

Yours sincerely

R ESCANDON

Divisional Sales Manager





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Our Ref.

ADM/ 63

Your Ref.

Kuwait 25.10.1983

TO WHOM IT MAY CONCERN

This is to certify that Mr.Cyrus Jal Mehta worked in this organisation from 1st January,1980 to 22nd October,1983. He started out as a Senior Buyer in the Commercial Department, where his performance was excellent. He was then promoted to Assistant Sales Manager of the Industrial Supplies Division, where he was responsible for the activities of all outdoor Salesmen. He was successful in motivating them to higher performances and their contribution to total sales showed clear improvement. He was further promoted to Corporate Marketing Executive where he was responsible for the entire marketing programme of the Company and in some cases was involved with other companies of the Boodai Corporation.

Regardless of the portfolios handled by him, Mr.Cyrus Mehta was always responsible to report directly to the General Manager and/or the Directors of the Company.

Mr.Cyrus Mehta has skill to communicate easily and possesses effective management qualities. His contribution to the Company has been considerable.

We do wish him every success and recommend him to anyone interested in a high calibre individual having immense talents.

for BOODAI TRADING COMPANY LTD.,

Ameen Ul-Haque, General Manager

AH/cr

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BOMBAY July 3, 1979.

TO WHOM IT MAY CONCERN

In the course of one our management consultancy assignments, I came in professional contact with Cyrus J. Mehta, a marketing executive with our client, Chippendale Exports P. Ltd.

I have had occasion to associate Cyrus, from time to time during the last one year, on certain aspects of my assignment relating to marketing. I may say that I was struck by the tremendous enthusiasm and confidence he brought to bear on all matters handled by him and his receptivity to new ideas. He has a sharp analytical grasp and is thorough in his management principles. He is keenly interested in marketing and certainly has, I feel, the potential and skills to succeed in this important area of management.

I wish him all success in his endeawour to improve his professional skills and career.

A. D. COOPER

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