



To Whom It May Concern

This letter is prepared at the request of Cyrus J. Mehta, of Intent Consultancy and trainer of the Lifetoolz Seminar and it gives me great pleasure to share my experiences with Cyrus, personally and also professionally, as Manager of Human Resources, National Bank of Dubai

He conducted many seminars for NBD personnel between July and Oct 2008, when, due to the financial meltdown in the international banking and financial sector, all trainings were abruptly discontinued. It was a deep disappointment to many of us in the HR and Training division at NBD.

I first met Cyrus in 1997 when I participated in his ReikiTECH Workshop. It made an indelible contribution to my life. My association with him and his family has endured warmly thereafter.

I was most impressed when the Dubai Quality Group, the regions premier agency committed to developing Quality in institutions and corporations endorsed Cyrus' ReikiTECH Workshops – testimony to his skill and the workshops' quality and content.

He approached me at the NBD Academy in early 2008 and introduced me to his new program, the Lifetoolz Seminar. The intention of this seminar remained the same: "Personal Transformation and Professional Excellence". It only had a different format, one that allowed for larger number of participants and incorporated audio visual. I was immediately impressed by the content. After holding discussions with my colleagues and seniors, it was agreed that this seminar would be incorporated into the training regime of the bank starting with Emirati trainees and executives from human resources.

Over the years, I have seen Cyrus work with people from all over the world and the Middle East; He once told me that his data base shows that he has had people from over 50 nationalities who attended his programs. I am not surprised. And yet, while I was confident in his capability I had a niggling doubt about how a room filled with only young Emirati men and women would accept such a seminar of this type.

I need not have doubted his talent in the slightest. Cyrus has superb Management training skills- he brings out the best in people and encourages them to see their strengths and weaknesses. Cyrus can put a point across clearly and confidently to anyone from any background or any level of management.

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The effect on our Emirati trainees was extraordinary. I was a full time participant in the first seminar at NBD and found it just magnificent. And transformational! I was especially amazed at the deep shift amongst the young Emirati men and women. One only needs to read their self written experiences to recognize just how much the Lifetoolz Seminar contributed, with a huge and lasting impact on their lives. As HR administrators, our analysis concluded that the seminar received an almost 100% success rate in terms of positive impact per person after the seminar. What's truly quite extraordinary is that this high level of success occurred after each of the subsequent Lifetoolz Seminars that he delivered at NBD. I have never ever seen this kind of sustained high level response, across all participants, with any other program or with any other trainer.

Over the months, while other groups were being trained, I had the opportunity to observe the behavior and performance of those who had completed the training. Their concentration and dedication to their work increased dramatically. Other internal and external trainers who were delivering other banking and skills related training were also most impressed by the increased performance and diligence. And the respect and love and gratitude shown by the graduates to Cyrus was heart warming for me to see every time he visited our offices, between seminars. His after-seminar support was also very efficiently managed, with personal visits to the Academy, posters for use in our in-house training rooms and regular newsletters.

After almost 30 years of corporate experience I can say, with confidence that the Lifetoolz Seminar is truly in a class of its own. Any company or institution investing in their management and staff via their enrollment into this seminar will be giving each one something truly beneficial. The returns on investment to any company would be substantial and the company would continue to accrue the priceless benefits of increased morale and heightened productivity.

I intend Cyrus and his Lifetoolz Seminar go on to make a mark internationally and enjoy ever increasing success.



Dr. Fathma Dhamir Ahmed, PhD.
HR Manager
National Bank of Dubai



Brian Tellis, Director, Fountainhead Group, Mumbai, India

(Every participant shares his/her experiences of the Lifetoolz Seminar. Below is what Brian wrote after the in-house seminar organized by his group.)

I came into the Lifetoolz Seminar not knowing too much of what to expect.

The first day opened my mind to the world I live in and the fact that it is mine! It also made me realize that when you own something you need to contribute towards its well being. The second day, through various empowerments, armed me with the process to better myself and those fulfill my purpose of making this a better place to live in. I do believe it has been 2 days brilliantly spent and its now up to ME!

Recognition for ReikiTECH

The ReikiTECH Workshop has received the coveted endorsement by the Dubai Quality Group. A quality personal transformation programme, The ReikiTECH Workshop has been gaining increasing recognition both locally and internationally.

The programme's endorsement by The Dubai Quality Group – The quality organisation in the region – is a clear statement of its excellence.

Kevin Carty, Executive Director of the DQG says: "We are committed to bringing the very best programmes to develop personal and professional excellence and The ReikiTECH Workshop is a perfect example of such a programme. We expect our association with Cyrus J. Mehta of INTENT Consultancy to grow and see the development of many more programmes offered by them."

Companies can now avail of a quality programme, which guarantees individual wellness, directly improving body and thus, body corporate. Every participant leaves the workshop de-stressed, incredibly energised, and truly rejoicing in his/her life and work.

The ReikiTECH Workshop is a breakthrough forum that allows one to experience body-mind-spirit harmony, and which in turn brings out an outstanding level of creativity and efficiency in an individual. A win-win situation at all levels of human interaction.

Courses are being held on **March 23 and 24** and again on **April 6 and 7**.

For further details of any courses contact Vanessa or Aliya at the DQG office on 3431950.

QUALITY QUILL March 2000
The Dubai Quality Group



Barbara DaSilva

Certified Holistic Practitioner

Owner, Celebrate Wellness

33, Lakeshore Road, St. Catharines, Ontario, Canada

I have had personal experience of the contribution he has already made in peoples lives while he has been in Canada and make a sincere request to your newspaper to interview Cyrus.

I had the pleasure of attending the first ReikiTECH Workshop in Canada, held at Celebrate Wellness, on March 31st and April 1st and the experience cemented my alignment with Cyrus. This is what I wrote after completing The ReikiTECH Workshop with Cyrus on March 31 and April 1 2012.

"More valuable for my well being than I ever imagined. Finally a teacher who explains "Energy" and teaches with clarity, authenticity and love."

I am so grateful that I met Cyrus and am fortunate to have the opportunity to work alongside him at Celebrate Wellness. My passion has always been to bring the best technologies, modalities and education to my clients to support them on their life's path. Cyrus brings so much knowledge and a deep understanding about the Holistic Approach to achieving well being. The beauty is that it's an effective and achievable approach that makes success and qualitative shifts in our lives attainable for all.

I was so gratified with his teaching and the exceptional manner in which he explains quantum physics and dispels the misconceptions about energy healing.

Cyrus is by far the best teacher/facilitator that I have experienced. He teaches with authenticity, simplicity and most of all Love.



Carole Gesman

(Formerly CAROLE PARKER, Managing Director and Founder of Clarendon Parker, Recruitment and Training, Dubai, UAE)

31st March 2003

TO WHOM IT MAY CONCERN

I have known Cyrus Mehta since 1998 when he initiated and trained me as a Reiki healer.

It always struck me that Cyrus has superb Management training skills-bringing out the best in people and encouraging them to see their strengths and weaknesses.

His presentation skills are excellent and he is without doubt a highly intelligent individual capable quite comfortably of dealing with Management at all levels.

His communication skills in putting the point across clearly and confidently are in a league of their own rarely found in many Trainers. He makes the subject alive and interesting!

In short, should I ever decide to go back in to Management Training again I would not hesitate to appoint Cyrus as part of my team.

I think he will make a real and genuine contribution to any organization.

I had the pleasure of knowing Carole since early 1999 and remained in touch with her even after she moved to the US and up until her untimely death in Oct 2008. I will miss her.



**JaneAnne Narrin, American,
Award winning author of “One Degree Beyond, A Reiki Journey into
Energy Medicine”, Reiki master, teacher, cultural anthropologist,
realtor, green activist...**

Cyrus Mehta is an impressive consultant committed to learning and helping others learn a natural, creative, and productive way of working together to *intentionally* discover and live an integrated and participatory role within the "Larger Picture."

When I first met Cyrus several years ago, I knew right away that his special gift had to do with his dedicated intent to provide real-time options, empathy, support and feedback. I knew right away that he had the unique ability to recommend resources appropriate to specific situations. I also knew that the organizational lessons, learnings and experiences he had gathered over his deep and successful career could assist others in dealing with the modern-day stress/health issues.

Cyrus has such a strong background in personal and organizational transformation and management of the change/transition process and this is aptly expressed in his work with Reiki, The Usui System in the corporate/business environment which he shares as ReikiTECH. He takes chaos/complexity theory and implements the concepts in the most comfortable way.

As a longtime corporate consultant involved in employee development systems, and as a Reiki practitioner and teacher, I am honored to be his colleague and friend.

Some examples of our testimonial advertisements – by permission.

Reiki TECH™
The artsience of discovery & wellness!

"Apart from ReikiTECH, an invaluable mix of experience and information has been shared by the trainer to excite one into rejoicing life. A truly refreshing workshop."

- *Shaducell Fernandes, Indian, Director.*

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A Quality Program for Personal & Professional Excellence

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Endorsed by the Dubai Quality Group



Reiki TECH™
The artsience of discovery & wellness!


"This workshop not only taught Reiki but changed perspectives of life. I am very grateful, indeed, that I could participate in this extraordinary course."

- *Bernd Paulussen, German, Sales Director*

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Reiki TECH™

The artsience of discovery & wellness & a realization that we are truly masters of our own destiny. A magnificent workshop!

Mrs. Vanessa Hopwood, British,
Mother, Marketing Manager

The Workshop on
Personal Harmony & Professional Excellence
which continues to enhance
thousands of lives
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Pinboard

Comments about Reiki

Nick McGivney, Irish, Copywriter
Class of Sep '94

Although ReikiTECH practices not to be attached to results, I have yet to see where results did not come about, positive results in one form or another. It has been five years since I did the course and there is little in my life that I haven't applied reiki to. I feel more in touch with the living world around me. No occult mystery. No secret society. And definitely no snobbish elitism. An excellent workshop to learn to use a tool that everyone can use to good effect. It has helped me find myself.

Gavin Ramsey, British, Artist/Musician
Class of Sep '98

I came with an open mind and was pleasantly surprised to find such a rewarding experience. The principles involved are incredibly sound

and I believe it is only a matter of time before people sit up and notice.

Dr. T. Sulochana, Indian, Doctor
Class of Sep '98

It was a wonderful experience which I cannot describe in words. It was really thrilling and very often I would feel the energy flowing. And I feel relaxed now.

Abdul Aziz Ali, Kuwaiti, Petroleum Engineer
Class of May '98

What I liked was the clarity that Cyrus J. Mehta, the trainer for the workshop, brought forth on so many issues. I felt so comfortable, so scared for. It was not what I had expected. And then the personal experiences were nothing short of extraordinary. It exceeded my expectations.

Tom Johnson, British, Teacher, Martial Artist
Class of Sep '98

A profound feeling of inner peace and harmony. Most doubts about reiki eliminated by the second day. More than 20 years, maybe 30, have brought me to this point - this inner experience of attunement - Reiki is all paths and one path.

Sharna Davis, South Africa, Microbiologist
Class of Oct '99

I feel a calmness I don't think I have ever experienced before. I am completely relaxed again for the first time in a very long time. I know this will stand me in good stead for the future. I think I will have a lot to learn and reap from reiki.

The American Hospital Dubai Diabetes Support Group, which was formed in 1998 to provide support for families of children with diabetes, recently announced plans to expand membership to include diabetic adults.

The aim of the group is to share information, offer support, facilitate educational programs on diabetes, and to increase awareness of diabetes within the community.

The group meets at 7.30pm on the first Tuesday of every month in the American Hospital Auditorium. New members are always welcome.

For further information contact Carolann Scade at the American Hospital Dubai on 04-3096540, mornings only.

Reiki TECH

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"Where do I start? I've gone most of my life with an innate knowledge of what we have learnt over the last two days. However, until this workshop, I couldn't understand it, articulate it or assimilate it (for lack of better words) into something understandable and "usable." Thank you. They're two simple words. But they come from the heart. It's something to know there is still humanity. And when you own, or a loved one or stranger in, there are tools for enable us to better ourselves and those around us, and there are people you can draw "positives" from to support and improve change.

I realize we had more time to practice, as practice makes perfect. We are agents of change.
Love,
Sameh Abu Ragheb, Environmental Consultant.

During my attendance at the Life Tools program I have learnt how to become one with the universe. I have learnt how to be grateful to everything on the floor on which we walk on. I learnt that everything (as long as it's not a crime against) and become grateful we can become one with those things. They are part of us and we are apart of them and we are all part of the source. God I am really grateful to god for granting my life and giving me the opportunity to experience those wonderful things.
Rashid Aljani, Student.

This course was extremely pleasing for me, and I needed it very much. It came to me at the right time. Thank you and bless you.
Hanan Bakri, Fashion designer.

I gave myself the Lifetools course as a "birthday" gift. I knew ahead it would be a "WOW" gift and it was. I know things but I needed to plug in again and recharge and with a new flow of knowledge and tools too! Today I am my calm and go up as I intended to the night before. I want to succeed, to practice, implementing the gifts into my life to become as a subtle level official. Thank you Cyrus.
Najwa Ahmad Nasseh, Sales Director.

Make you grateful for the world you live in and the lifestyle you lead, and inspire you to protect the planet. It also helps you work on yourself with the breathing exercises and the affirmations so all in all you leave the workshop as a better rounded, individual person.
Niswan Pharoos, Marketing Supervisor.

This tools will increase my awareness and expand to the 3D (energy) around me, as really like tools or keys for everyday life, it's simple and important to the ABC for everyday life. Thanks a lot.
Nadia Nasseh, Executive.

Lighting
Blogging
Feeling one with everything and everybody
Meeting new people
Meeting a name
Meeting a new myself
Alexander Yablonski, M.D.

I really enjoyed this course so much I think it gave me the basics to live a life that's efficient, full of energy and enjoyment. I have attended a lot of similar courses, but this course summarized all the other courses in an individual, everything (breathing, exercising, practices, knowledge, meditation ...) thanks so much.
Lisa W-Des, Professor.

I was an amazing experience although I felt some of the material presented was a bit complicated and I could not grasp every thing with the opinions of the instructor e.g. religious and diversifying not working. Also I did not like how he attacked Aes of Living technologies. Otherwise the instructor Cyrus did an excellent job presenting the material in a very interesting manner. He had a tremendous dynamic approach.
Sana' Fahoum, Businesswoman.

I have managed to reach a point in my life where I feel an overall sense of dissatisfaction and dissatisfaction. After doing for change consulting with the realization that change needs more than stating "Yes I never actually came around to taking human above all and to give it much.
Zainab Abu Ragheb, Consultant.

I acquired more knowledge and (family). This workshop had great answers go on and on.....
Thank you Cyrus to come 3 days, Home make.
Lifetools has been an amazing tools eye view..... before I was 7. Thank you Cyrus @
Faisal Tabary, Student.

To read more experiences of graduates of the Lifetoolz Seminar and the ReikiTECH Workshops please visit our websites. www.lifetoolz.org and www.reikitech.org

good will. Thank you very much. I really enjoyed this course so much I think it gave me the basics to live a life that's efficient, full of energy and enjoyment. I have attended a lot of similar courses, but this course summarized all the other courses in an individual, everything (breathing, exercising, practices, knowledge, meditation ...) thanks so much.
Lisa W-Des, Professor.

Rohan Fernandes

The program has made me aware about the force around me, and how I can use the force for my betterment. It also taught me that not strength but using my IQ which will make me a stronger person.

Nasir Murray

I've had a rewarding experience over the last 2 days. The programme has truly opened my eyes on how I can be a better person & have a greater & positive impact on my immediate surroundings & on my planet at large. While I thoroughly enjoyed "Conscious Rejuvenation," the first basic breathing & calm (quiet), the ability to use my good intentions, I felt that some of the theory stuff was sometimes "too heavy." I also feel that there could have been a couple more films/the ones you showed was brilliant. But all in all I will say that it was two days well spent.

Nasir Nasseh

This programme has taught me to be more humane and to be grateful for the things I have, however small. It has taught me values which I know will help me to be more in life. Cyrus, you were so nice!
Thank you

Kristofor DeGuz

I had never been in one of these before so it's been a very good experience. This seminar will help me out with my daily dealings at home and at work. There were a few things that I did in terms of exercises and some points that was so wild, though I was a bit to be doing all of that. Now it just makes so much sense.
Thank you

Sarah

This is the first time I've done something like this, and I must say it was quite interesting, a different way of looking at things. I'm glad that I was given a chance to assist. Will try to put some of the things I learnt over the last 2 days into effect.

Levanya Singh

It opened a world full of opportunities for me to do and contribute to mother earth. Now I could be extra or rather more POWERFUL in what I learn mentally & physically. I learn how to breathe & live life fully, i.e. an energized life!

Melanie O'Leary

This programme gave me a way to look at life in a manner I never did before. It gave me knowledge about me not being separate and showed me a new approach towards the people and things around me. It was a fabulous experience and something that will go with me life long. I feel a simple fun basic and energized. Some questions that I had a long time thought about, but were never answered, got "rejuvenated" at this seminar.

Rigel

Educative & Informative

Nada Skander



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